



Aspire zone training camp prepares the Great Britain team for the 2015 IPC Athletics World Championships



Members of the Great Britain Athletics team have participated in a training camp at Aspire Zone Foundation in preparation for the 2015 IPC Athletics World Championships, which took place in Doha in from October 22-31, 2015.

The team is made up of 48 athletes including six-time Paralympic and World Champion David Weir, double Paralympic, World and European Champion Hannah Cockroft as well as 14 debutants, who have made their mark on the global stage in Doha.

Elite Training Camp Facilities:

The camp kicked off on October 12 and ended on October 22. The team trained at Aspire Zone world-class venues and facilities including the indoor track, warm-up track, throwing area and other training venues. The fully equipped facilities and Aspire Logistics' dedicated team provided preeminent support through providing tailored services to fulfil all training requirements, allowing athletes to compete at their maximum potential. This was the first major Paralympic athletes' camp organized at Aspire Zone Foundation. The disabilities ranged from mental, sight and physical with 7 athletes in wheel chairs. The athletes trained at various venues and locations including the public domain areas. Transportation services were provided to enable external roads to be used for the long distance wheelchair athletes. Several facility improvements were made to assist with access, such as ramps, accessible bathrooms and also tie-hooks were installed to the throwing circles, so that wheelchairs could be secured.

During their time in Qatar, the team stayed at Aspire Zone's very own Torch Doha Hotel, which was a perfect location for the team to eliminate dreading traveling times and difficulties, granting the GB team members the full benefit of the zone's all-inclusive offerings.

“The excellent facilities at Aspire Zone have helped us put the final touches to our preparations for the IPC Athletics World Championships in the best way possible. Everything we needed was provided up to world-class standards in one place, and our experience could not have been any better”.

Paralympic Head Coach, Paula Dunn

Outstanding performance:

The team's devotion and intensive trainings have added to their impressive portfolio of accomplishments as they ranked 4th in the 2015 IPC Athletics World Championships in Qatar with thirteen gold, nine silver and nine bronze - for an impressive total of 31 medals. The 2015 IPC Athletics World Championships was a track and field competition for athletes with a disability. It was held in Doha, Qatar and took place between 21 and 31 October. The event was held at the Suhaim Bin Hamad Stadium in Doha and featured 210 medal events; 119 for men and 91 for women athletes. After its outstanding performance in Doha, The renowned team moves across the globe to take on new challenges.

“Doha is a stepping stone for many of the athletes on their respective journeys to Rio, London 2017 and Tokyo 2020. I know the team will leave no stone unturned to deliver the sort of performances that we witnessed in Lyon two years ago.”

Paralympic Head Coach, Paula Dunn

AT A GLANCE

- *Dates: 9-22 October 2015*
- *Numbers: 73 persons (40 athletes / 33 staff)*
- *Medical: Provided for injured athlete*
- *Services: Accommodation, gyms, various track and field training facilities, water, transport, training equipment*
- *Performance: IPC Athletics World Championships 2015 - 31*
- *Medals: 13 Gold, 9 Silver, 9 Silver;*